

# 『AO Spine Advanced Level Anatomical Specimen Course – Anterior Approaches to the Spine from Cervical to Lumbosacral』

各位脊椎外科會員先進及同好，大家好：

轉發『AO Spine Advanced Level Anatomical Specimen Course –Anterior Approaches to the Spine from Cervical to Lumbosacral』訊息，歡迎脊椎醫師同好踴躍參加！

 **Date:** December 12–13, 2025

 **Location:** Hong Kong



## AO Spine Advanced Level Anatomical Specimen Course— Anterior Approaches to the Spine from Cervical to Lumbosacral

December 12-13, 2025

Hong Kong



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### Course highlight

Gain hands-on experience and up-to-date knowledge on:

- **Minimally Invasive Surgery (MIS) Lateral Approach**  
Techniques for thoracic, thoracolumbar, and lumbar spine procedures.
- **Cervical and Lumbar Disc Replacement**  
Explore the latest innovations in motion-preserving surgery.
- **Comprehensive Anterior Approaches**  
Master all anterior techniques essential for modern spine surgery.

### Learning objectives

- Choose appropriate patients for anterior approaches by understanding the risks, benefits and current evidence in literature.
- Properly perform anterior spinal approaches in cervical, thoracic and lumbosacral spine.
- Understand the appropriate techniques in both fusion and motion preservation procedures.
- Able to prevent and manage intraoperative and postoperative complications in anterior spinal approaches. Discuss reconstruction options for resected spinal tumors
- Recognize the increased risk of wound problems in patients with debility, prior surgery, or radiation
- Anticipate intraoperative complications
- Use validated outcome measures to monitor safety and quality

### Participant contact

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### Goal of the course

After attending the course, participants will be able to:

- Describe the indications and contraindications for anterior spine surgery and approaches.
- Understand the complications of anterior lumbar spine approaches, how to avoid and salvage.
- Confidently perform the anterior or lateral approaches and procedures to the cervical, thoracic and lumbar spine in minimally invasive manner.
- Improve the safety and quality of spine surgery for better patient outcome.

### Target participants

This event is targeted to surgeons with 3 to 15 years of experience in spine surgery, who are keen to further improve their knowledge and technical skills, particularly in minimally anterior and lateral spinal accesses and the latest advances in motion preserving surgery.

### Venue

Laboratory Block, Li Ka Shing Faculty of Medicine,  
The University of Hong Kong

### Registration fee

AO Spine member: USD 2,150  
Non-AO Spine member: USD 2,300

[Click to register](#)

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